

THIS PROGRAM IS FUNDED IN PART BY:



City of Jacinto City
Heritage Hall Senior Center
JULY 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7/1/2024	7/2/2024	7/3/2024	7/4/2024	7/5/2024
Chicken Piccata Twice Whipped Potatoes Glazed Carrots Wheat Bread Fresh Fruit Milk	Ham and Lima Beans+ Macaroni and Cheese Herbed Green Beans Wheat Bread Graham Crackers Milk	Independence Day Hamburger Patty Lettuce/Pickles Ranch Beans Hamburger Bun Peach Cobbler Milk Mustard and Ketchup	Closed for Holiday	Beef Chili with Beans Rice Spinach Texas Bread Fresh Fruit Milk
7/8/2024	7/9/2024	7/10/2024	7/11/2024	7/12/2024
BBQ Pork Rib Patty+ Ranch Beans Parslied Carrots Texas Bread Fresh Fruit Milk	Meatloaf Brown Gravy Garlic Whipped Potatoes Green Beans Wheat Bread Oatmeal Cream Cookie Milk	Parmesan Chicken Parslied Penne Pasta Broccoli Dinner Roll Nutty Buddy Bar Milk	Picadillo Beef Yellow Rice Cilantro Lime Corn Flour Tortilla Lime Gelatin Milk Taco Sauce	Turkey and White Beans* Country Tomatoes Cabbage Cornbread Fresh Fruit Milk Margarine
7/15/2024	7/16/2024	7/17/2024	7/18/2024	7/19/2024
Marinara Beef Meatballs Pasta Florentine Summer Vegetables Texas Bread Fresh Fruit Milk	Buffalo Chicken Corn O'Brien Cauliflower Wheat Bread Graham Crackers Milk	Beef w/Mushroom Gravy Rice Green Beans with Onions Wheat Bread Fresh Fruit Milk	Baked Chicken w/Gravy Mixed Beans Broccoli Dinner Roll Birthday Cake Milk	Tuna Salad Pasta Salad Carrot Raisin Salad Saltine Crackers Sugar Cookie Milk
7/22/2024	7/23/2024	7/24/2024	7/25/2024	7/26/2024
French Onion Chicken Parslied Rice Herbed Brussels Sprouts Dinner Roll Nutty Buddy Bar Milk	Beef Taco Charro Beans Mexican Style Tomatoes Corn Tortillas (2) Fresh Fruit Milk Taco Sauce	Sausage w/Onions/Peppers+ Black-Eyed Peas Sliced Carrots Texas Bread Fudge Cream Cookie Milk	Salisbury Beef Brown Gravy Garlic Whipped Potatoes Peas and Corn Wheat Bread Fresh Fruit Milk	Tarragon Chicken Penne with Red Peppers Glazed Beets Dinner Roll Orange Gelatin Milk
7/29/2024	7/30/2024	7/31/2024	 * - Turkey + - Pork Nourishment through compassionate care.	
Cajun Meatloaf Dirty Rice Broccoli Texas Bread Fresh Fruit Milk	Spinach Chicken Rotini Pasta Garden Vegetables Dinner Roll Oatmeal Cream Cookie Milk	Swiss Steak Delmonico Potatoes Green Beans Wheat Bread Fresh Fruit Milk		